



Cycle A Year 1/2 Medium Term Overview



Term	Topic	In this unit of work, pupils learn...
Autumn Term Relationships	Families and Friendships. Roles of different people; families; feeling cared for.	<ul style="list-style-type: none"> that family is one of the groups they belong to, as well as, for example, school, friends, clubs about the different people in their family / those that love and care for them what their family members, or people that are special to them, do to make them feel loved and cared for how families are all different but share common features – what is the same and different about them about different features of family life, including what families do / enjoy together that it is important to tell someone (such as their teacher) if something about their family makes them feel unhappy or worried
	Safe Relationships Recognising privacy; staying safe; seeking permission.	<ul style="list-style-type: none"> that parts of our bodies covered with underwear are private. what to do if they feel unsafe or worried for themselves or others. how to talk about and share their opinions on things that matter to them. that people have different roles in the community to help them (and others) keep safe - the jobs they do and how they help people who can help them in different places and situations; how to attract someone's attention or ask for help; what to say how to respond safely to adults they don't know what to do if they feel unsafe or worried for themselves or others; and the importance of keeping on asking for support until they are heard how to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say
	Respecting ourselves and others. How behaviour affects others; being polite and respectful.	<ul style="list-style-type: none"> what they like/dislike and are good at what makes them special and how everyone has different strengths how their personal features or qualities are unique to them how they are similar or different to others, and what they have in common what is kind and unkind behaviour and how this can affect others. how to treat themselves and others with respect how to listen to other people and work and play cooperatively.



Cycle A Year 1/2 Medium Term Overview



Term	Topic	In unit of work, pupils learn...
Spring Term Living in the Wider World	Belonging to a Community What rules are; caring for others' needs; looking after the environment	<ul style="list-style-type: none"> • how kind and unkind behaviour can affect others; how to be polite and courteous; how to play and work co-operatively • the responsibilities they have in and out of the classroom • how people and animals need to be looked after and cared for • what can harm the local and global environment; how they and others can help care for it • how people grow and change and how people's needs change as they grow from young to old • how to manage change when moving to a new class/year group
	Media literacy and digital literacy Using the internet and digital devices; communicating online	<ul style="list-style-type: none"> • how to stay safe online • to know what the internet is used for • about different digital devices and their uses • to know what to do if they are worried or don't feel safe about something online
	Money and Work Strengths and interests; jobs in the community	<ul style="list-style-type: none"> • what money is - that money comes in different forms • how money is obtained (e.g. earned, won, borrowed, presents) • how people make choices about what to do with money, including spending and saving • the difference between needs and wants - that people may not always be able to have the things they want • how to keep money safe and the different ways of doing this



Cycle A Year 1/2 Medium Term Overview



Term	Topic	In this unit, pupils will learn...
Summer Term Health and Wellbeing	Physical Health and Mental Wellbeing Keeping healthy; food and exercise, hygiene routines; sun safety	<ul style="list-style-type: none">• what being healthy means and who helps help them to stay healthy (e.g. parent, dentist, doctor)• that things people put into or onto their bodies can affect how they feel• how medicines (including vaccinations and immunisations) can help people stay healthy and that some people need to take medicines every day to stay healthy• why hygiene is important and how simple hygiene routines can stop germs from being passed on• what they can do to take care of themselves on a daily basis, e.g. brushing teeth and hair, hand washing• how to stay safe in the sun
	Growing and changing Recognising what makes them unique and special; feelings; managing when things go wrong	<ul style="list-style-type: none">• about what makes them special• to recognise the ways in which we are all unique• different things they can do to manage big feelings, to help calm themselves down and/or change their mood when they don't feel good• to identify what they are good at, what they like and dislike• how to manage when finding things difficult
	Keeping Safe How rules and age restrictions help us; keeping safe online	<ul style="list-style-type: none">• about rules and age restrictions that keep us safe• to recognise risk in simple everyday situations and what action to take to minimise harm<ul style="list-style-type: none">• how to keep safe at home