

TIMETABLE

Classes will have P.E on the following days and will need to come to school dressed in their P.E. kit.

Class 1- Monday and Tuesday

Class 2- Wednesday and Thursday

Class 3- Tuesday and Thursday

Class 4- Monday and Wednesday

The children in Class 3 and Class 4 will also have outdoor learning on a Friday with Sc.Out.Ed

They will need to come to school wearing their uniform and bring with them warm clothes, suitable for outdoor learning. A waterproof coat and wellies will also be required on wet days, to change into for their session.



Please note some activities can be messy and therefore we ask that you do not send your child with their good clothes.



St Joseph's Catholic Primary School, Blackhall

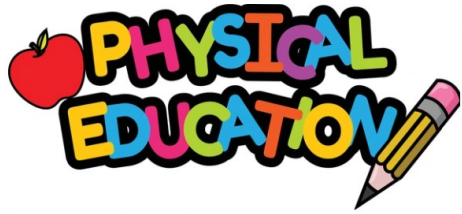
Valuing respect, friendship, excellence and care in all we do and say.

St Joseph's Catholic Primary School



PE Newsletter
Autumn Term 2024

Physical Education at St Joseph's



The importance of Physical Education (PE):

- PE develops children's physical competence and confidence; and their ability to use these to perform in a range of activities.
- PE promotes physical skilfulness, physical development and knowledge of the body in action.
- PE provides opportunities for children to be creative, competitive and to face up to different challenges as individuals, in groups and teams.
- PE promotes positive attitudes towards active and healthy lifestyles.

What your child will learn in PE.

This term the children in Reception and Key Stage 1 will be learning multi-skills and ball skills.



The children in Key Stage 2 will be learning indoor athletics, rugby, netball and football.



P.E. UNIFORM

Children come to school dressed in their P.E. uniform on their P.E. days.

Our P.E. uniform consists of:

- White top
- Black shorts
- P.E. hoodie or school jumper
- Plimsolls/trainers



We do not allow the following:

- Football kits
- Branded clothing with logos
- Crop tops
- Crocs

P.E. kits can be purchased from the following website:

[Buy St. Joseph's Catholic Primary School \(Blackhall\) Uniform for from Tots To Teams](#)

If anyone would like any help or support with purchasing P.E. uniform, Mrs Ashton would welcome a confidential conversation with you and we would be more than happy to help.

Please note: Jewellery must not be worn for school.