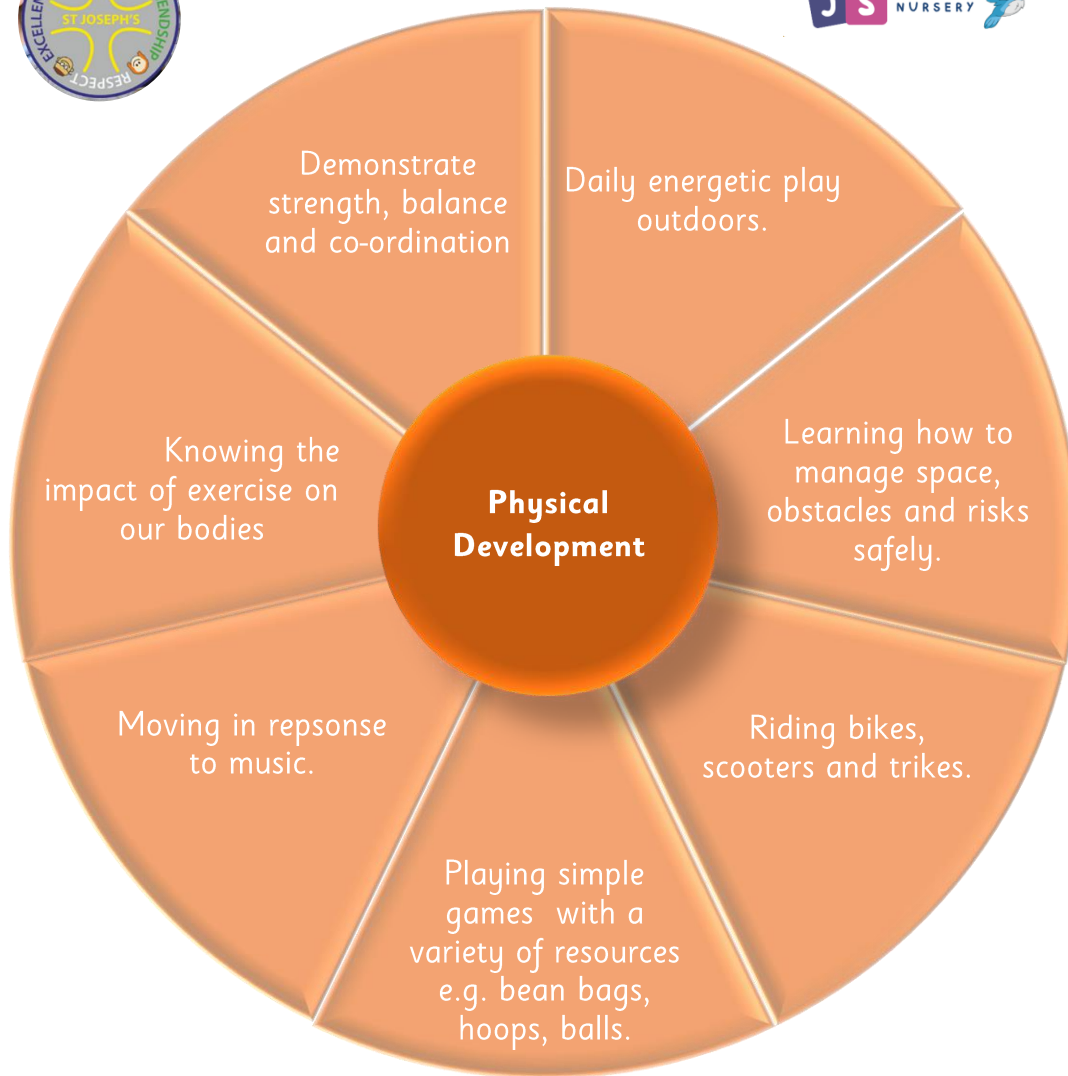


EYFS Curriculum Links

What does PE look like in Early Years?



Confident Communicator	Fantastic Friend	Independent Individual
Amazing Athlete	Talented Tool User	Brilliant Bookworm
Wow Writer	Exceptional Explorer	Master of Maths
Compassionate Citizen	Proud Performer	Dynamic Designer

The curriculum aims to ensure that all pupils develop competence to excel in a broad range of physical activities.

This starts in early years, through opportunities within the provision and adult led lessons. Children in EYFS explore the basic movement skills of running, jumping, kicking, throwing and catching. They will demonstrate balance, agility and co-ordination.

This will provide a foundation from which they will progress through the school moving into

- Combine- where they will combine the movement skills whilst demonstrating the physical attributes of balance, agility and co-ordination.
- Refine- refine sport specific skills whilst demonstrating physical attributes of flexibility and strength.

Children will also learn about the impact of exercise on our bodies and how it is an important part of staying healthy.