

Being a Parent of an Autistic Child

Do you have a child who is autistic or who is on the pathway?

- Term time only
- Support programme for Durham parents, led by Durham parents

Our FREE course helps to support you and your autistic child

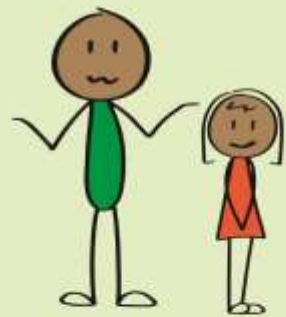
Our Next Course will be starting Monday 22nd April 10am until 12.30 noon at Ferryhill Family Hub



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



For more information EPEC@durham.gov.uk



**Try out a
new way
of doing
things**

**10 week
course for
2.5 hours
a week**



Managing feelings and behaviour

Sensory processing differences

Coping with change

Take time out for yourself

Meet other parents

**Being a
Parent of an
Autistic child**

**All families are
different, and all
autistic children**

Get practical support



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