

Tech, PSED, C&L

https://central.espresso.co.uk/espresso/primary_u k/subject/news/video/item1282312/grade/index.html?source=search-all-F-all&source-keywords=school%20sports

Watch 'Sport is fun' video on Espresso.

Username: student7550 Password: school

Talk about the different sports featured:

- Which have they seen or heard of before?
- Which are new to them?

PSED, Moving and Handling

We all know about Joe Wicks but try some of these online resources to get your little ones active.

Log on to

<https://www.bbc.co.uk/programmes/p01z000d> and

join in some of the dances.

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

- Disney inspired activities to play in their bubbles.

Reading, PSED, Health and Self Care, Technology

Listen to Nadiya's Sports Day (read by England footballer, Joe Hart) <https://www.youtube.com/watch?v=NiYJS6GLsHI>

To be fit like any sports star we have to eat a balanced diet. Play this game I've set as 2Do to spot the healthy food.

Health and Self-Care, PSED, C & L,

As the weather continues to remind us that it is Summer and we are able to spend more time at our local beaches; I'd like to pick up on last week's Drowning Prevention Week to help our children be safe as they have fun being active at the seaside. Share the Sammy Seagull story (see resources) and make a poster to help other children stay safe at the seaside.

Sports Stars theme for this week only.

This Summer should've seen the Olympics, Euro 2020 and our Sports' Day! To acknowledge this we are going to look at Sport's Day through different stories as well as plan their own Sport's Day – even if it's a virtual one!



R.E

Please see separate planning sheet and Parent's Background Notes for more details.

Another story to share:

The Large Family Sports Day by Jill Murphy
<https://www.youtube.com/watch?v=DS1c4jQT9nY>

C & L, Technology, Being Imaginative

Log onto www.purplemash.com and design your own football shirt. Ask your grown ups which teams they might support and why? Have they ever been to a football match? What was it like?

This has been set as a 2Do – 'Football Shirts'

PSED, Being Imaginative, Exploring & Using Media

Plan out your own Sports Day for your family bubble at home. Where could this take place so you are all safe (i.e. in your garden or down at the seaside?)

Plan out your event in your books:

- Make a list of people who can take part - you could even make invitations for them.
- Order the races you want to have.
- Make medals for the winners – you could even do certificates for everyone who took part.

I've set these 2Do's if you want to make your Sports Day a virtual occasion – 'Medal'

'Virtual Sports Day'

'Crowd'

PSED, Understanding

Watch the Little Princess take part Sports Day

<https://www.youtube.com/watch?v=ocRPD8rwxwA> Stop at 6mins 51 seconds and get the children to answer the question before the Little Princess "Do you have to win to have fun?"

As ever, please email photos of the children working on the above or of them developing other important skills to me at g.hanley200@durhamlearning.net.