

Franciscan Short Way of The Cross

First Station

Jesus Condemned to Death

O Jesus! so meek and uncomplaining, teach me resignation in trials.



Second Station

Jesus Carries His Cross

My Jesus, this Cross should be mine, not Thine; my sins crucified Thee.



Third Station

Our Lord Falls the First Time

O Jesus! by this first fall, never let me fall into mortal sin.



Fourth Station

Jesus Meets His Mother

O Jesus! may no human tie, however dear, keep me from following the road of the Cross.



Fifth Station

Simon the Cyrenean Helps Jesus Carry His Cross

Simon unwillingly assisted Thee; may I with patience suffer all for Thee.



Sixth Station

Veronica Wipes the Face of Jesus

O Jesus! Thou didst imprint Thy sacred features upon Veronica's veil; stamp them also indelibly upon my heart.



Seventh Station

The Second Fall of Jesus

By Thy second fall, preserve me, dear Lord, from relapse into sin.



Eighth Station

Jesus Consoles the Women of Jerusalem

My greatest consolation would be to hear Thee say: "Many sins are forgiven thee, because thou hast loved much."



Ninth Station

Third Fall of Jesus

O Jesus! when weary upon life's long journey, be Thou my strength and my perseverance.



Tenth Station

Jesus Stripped of His Garments

My soul has been robbed of its robe of innocence; clothe me, dear Jesus, with the garb of penance and contrition.



Eleventh Station

Jesus Nailed to the Cross

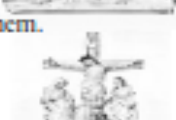
Thou didst forgive Thy enemies; my God, teach me to forgive injuries and FORGET them.



Twelfth Station

Jesus Dies on the Cross

Thou art dying, my Jesus, but Thy Sacred Heart still throbs with love for Thy sinful children.



Thirteenth Station

Jesus Taken Down from the Cross

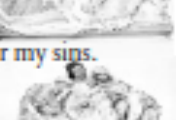
Receive me into thy arms, O Sorrowful Mother; and obtain for me perfect contrition for my sins.



Fourteenth Station

Jesus Laid in the Sepulchre

When I receive Thee into my heart in Holy Communion, O Jesus, make it a fit abiding place for Thy adorable Body. Amen.



WE ADORE YOU O CHRIST & WE PRAISE YOU
*BECAUSE BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD

STATIONS OF THE CROSS

We adore Thee, O Christ, and we bless Thee,

First Station: Jesus is condemned to death.

Meditation: Jesus stands before people who are shouting lies about him and wanting to hurt Him. Yet, He remains silent and loving. Jesus, help us to remain pure of heart when we are judged by others. Help us to know that our value is not in the eyes of others but in how well we serve God.

Second Station: Jesus accepts His Cross.

Meditation: Jesus' heavy cross is placed on His tired, hurting body. Yet, He willingly accepts this cross knowing it is the will of God. Jesus, help us to carry our crosses for love of God and to trust in your love and mercy.

Third Station: Jesus falls the first time.

Meditation: The weight of the cross is so heavy on our Lord that His exhausted body falls to the ground. Yet, He stands up and continues, knowing that God is there to support Him. Jesus, when the weight of our sins weakens us, help us to know that God's love is greater than our sins.

Fourth Station: Jesus meets His Sorrowful Mother.

Meditation: How painful it must have been for the loving Mother of our Lord to see the suffering of her child. How much she must have wanted to take His place. Because of our sins, our Blessed Mother suffered also. Jesus, help us when we are tempted to sin. Help us to think of the pain sin brings and to embrace the Love of God.

Fifth Station: Simon helps Jesus carry His Cross.

Meditation: Simon of Cyrene gives help to Jesus with the heaviness of the Cross on His aching body. Jesus is thankful for his help. Jesus, by your willingness to accept help, may we be inspired by this act of mercy to readily help others in their troubles, knowing we are helping You too!

Sixth Station: Veronica wipes the Face of Jesus.

Meditation: Veronica wants to help Jesus and reaches out to Him to do what she can, she wipes His Holy Face. Her actions speak louder than any words can speak. Jesus, may we too reach out to show others we care without hesitation.

Seventh Station: Jesus falls the second time.

Meditation: Jesus again falls to the ground, but is not allowed to rest for a moment. He is pushed onward and He patiently continues for love of us. Jesus, may we realise the awful weight of our repeated sins and strive to reform our ways embracing the Grace of God!

Eighth Station: The women of Jerusalem weep over Jesus.

Meditation: The women were so moved by compassion watching innocent Jesus suffer, the tears from their eyes flowed freely. Jesus is sensitive to their emotions and consoles them. Jesus, as children of God, may we always be compassionate towards the suffering of our neighbours.

Ninth Station: Jesus falls the third time.

Meditation: when Jesus arrived at Calvary, His garments were cruelly removed, renewing all His wounds on His skin. Jesus, you stood under God's gaze, with no earthly possessions, with a Glory that could not be taken away. In our troubles, may we deny any earthly inclinations and find our true comfort in God.

Eleventh station: Jesus is nailed to the cross.

Meditation: as Jesus suffers the terrible pain of being nailed to the Cross, He remains silent. Jesus suffered patiently because He loves us. Jesus' love is so great, He forgives the very causes of all His suffering, our sins! Jesus, may we be pure in love and forgive each other.

Twelfth Station: Jesus dies upon the Cross.

Meditation: As Jesus dies upon the cross, He calls to His father for His Presence and completely trusts in His Father's Love. As we look at Jesus' crucified body upon the Cross, we too, are filled with love and trust in Our Father, Jesus, help us to feel God's Presence and to make everything we think, say, and do an act of love for You.

Thirteenth Station: Jesus is given to His Mother.

Meditation: Jesus' body was taken down from the cross and given to the arms of His Mother. Mary received the Body of Her son and held Him close to Her pure heart. Jesus, help us to think of the pure heart of your Mother and how she also suffered for our sins. Help our hearts to be pure so we may worthily receive your Body and blood in the sacrament of Holy Communion.

Fourteenth Station: Jesus is laid in the tomb.

Mediation: The Body of Jesus is laid in the tomb but not for rest. In three days, God will raise Jesus to new life! Jesus, Your mercy has given us the hope of Heaven! May we strive to reform our ways, turn from sin, and open our hearts to God to be filled with Love of God and of our neighbour!